

Time Unit Conversion - Worksheet

Skill

Group A - Converting between hours and minutes					
Convert the units of time below:					
1) 1 hour to minutes	2) 5 hours to minutes	3) 120 minutes to hours			
4) 420 minutes to hours	5) 2.5 hours to minutes	6) 5.5 hours to minutes			
7) 1 hour 30 minutes to hours	8) 34 hours to minutes	9) 460 minutes to hours and minutes			
10) 3 hours 45 minutes to minutes	11) 9 hours 45 minutes to hours	12) 24 hours 20 minutes to hours			

Group B - Converting between hours, minutes, and seconds

Convert the units of time below:

1) 30 minutes to seconds	2) 120 seconds to minutes	3) 500 minutes to seconds
4) 24000 seconds to minutes	5) 2 hours to seconds	6) 1 hour 30 minutes to seconds
7) 350 minutes to seconds	8) 60 000 seconds to minutes	9) 7 hours 40 minutes to seconds
10) 75 seconds to minutes	11) 9.5 hours to seconds	12) 24. 25 hours to seconds

Group C - Converting between days, hours, seconds and minutes

Convert the units of time below:

1) 2 days to hours	2) 9 days to hours	3) 96 hours to days
4) 180 minutes to seconds	5) 1 day to minutes	6) 5 days to minutes
7) 102 minutes to hours	8) 7 hours 48 minutes to hours	9) 1 week to hours
10) 2 weeks to minutes	11) 132 minutes to hours	12) 216 000 seconds to hours



Time Unit Conversion - Worksheet

Applied

(a) Selina is asked to convert 102 mins into hours and mins.
She says, "Because there are 60 mins in an hour she will just divide 260 minutes by 60 and the answer is approximately 1 hrs and 7 mins."

Explain why she is incorrect.

- (b) What should the correct answer be for part (a)?
- 2) (a) Sam and Evie go on a road trip. They travel 6.5 hrs to their first stop and from there 150 mins to their next stop. What is the total time taken for their journey in mins?
 - (b) Express your answer for part (a) in terms of hours.
- 3) How many seconds are there in a week?
- (a) The flight from Toronto to London is 6 hrs and 30 mins. Toronto is 5 hrs behind London. If a flight leaves Toronto at 8pm, what time will it reach London?
 - (b) Convert 6 hrs and 30 mins into hours.



Time Unit Conversion - Exam Questions

1) (a) Work out how many minutes there are in 5 hrs.

(b) Work out how many seconds there are in 6 hrs.

(2) (4 marks)

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(2)

2) (a) Write 4 hrs 35 mins in minutes.

(2)

(b) Write 105 mins in terms of hrs.

(2) (4 marks)

3) Write 7. 25 hrs in terms of mins.

(2 marks)



Time Unit Conversion - Exam Questions

4) How many days is 528 hours?

(2 marks)



Time Unit Conversion - Answers

	Question	Answer
	Skill Questions	
Group A	Convert the units of time below:	
	1) 1 hour to minutes	1) 60 minutes
	2) 5 hours to minutes	2) 300 minutes
	3) 120 minutes to hours	3) 2 hours
	4) 420 minutes to hours	4) 7 hours
	5) 2.5 hours to minutes	5) 150 minutes
	6) 5.5 hours to minutes	6) 330 minutes
	7) 1 hour 30 minutes to hours	7) 1.5 hours
	8) 34 hours to minutes	8) 2 040 minutes
	9) 460 minutes to hours and minutes	9) 7 hours and 40 minutes
	10) 3 hours 45 minutes to minutes	10) 225 minutes
	11) 9 hours 45 minutes to hours	11) 9. 75 hours
	12) 24 hours 20 minutes to hours	12) $24\frac{1}{3}$ hours
Group B	Convert the units of time below:	
	1) 30 minutes to seconds	1) 1800 seconds
	2) 120 seconds to minutes	2) 2 mins
	3) 500 minutes to seconds	3) 30 000 seconds
	4) 24000 seconds to minutes	4) 400 mins
	5) 2 hours to seconds	5) 7 200 seconds
	6) 1 hour 30 minutes to seconds	6) 5 400 seconds
	7) 350 minutes to seconds	7) 21 000 seconds
	8) 60 000 seconds to minutes	8) 1000 mins
	9) 7 hours 40 minutes to seconds	9) 27 600 seconds
	10) 75 seconds to minutes	10) 1.25 mins
	11) 9.5 hours to seconds	11) 34 200 seconds
	12) 24. 25 hours to seconds	12) 87 300 seconds

Time Unit Conversion - Answers

Group C	Convert the units of time below:	
	1) 2 days to hours	1) 48 hours
	2) 9 days to hours	2) 216 hours
	3) 96 hours to days	3) 4 days
	4) 180 minutes to seconds	4) 10 800 seconds
	5) 1 day to minutes	5) 1 440 minutes
	6) 5 days to minutes	6) 7 200 minutes
	7) 102 minutes to hours	7) 1.7 hours
	8) 7 hours 48 minutes to hours	8) 7.8 hours
	9) 1 week to hours	9) 168 hours
	10) 2 weeks to minutes	10) 20 160 minutes
	11) 132 minutes to hours	11) 2. 2 hours
	12) 216 000 seconds to hours	12) 60 hours



Time Unit Conversion - Answers

	Q	uestion	A	nswer
	Aŗ	oplied Questions		
1)	a)	Selina is asked to convert 102 mins into hrs and mins. She says, "Because there are 60 mins in an hour she will just divide 102 mins by 60 and the answer is approximately 1 hour and 7 mins."	a)	She is correct to divide by 60 but 0. 7 of an hr does not equal 7 mins.
	b)	Explain why she is incorrect. What should the correct answer be for part (a)?	b)	$102 \div 60 = 1.7$ $0.7 \times 60 = 42$ mins 1 hr and 42 mins
2)	a)	Sam and Evie go on a road trip. They travel 6. 5 hours to their first stop and from there 150 minutes to their next stop. What is the total time taken for their journey in minutes?	a)	540 minutes
	b)	Express your answer for part (a) in terms of hours.	b)	9 hours
3)		How many seconds are there in a week?		604 800 secs
4)	a)	The flight from Toronto to London is 6 hrs and 30 mins. Toronto is 5 hrs behind London. If a flight leaves Toronto at 8pm, at what time will it reach London?	a)	7.30 <i>a.m.</i> the following day
	b)	Convert 6 hrs and mins into hrs.	b)	6.5 hours



Time Unit Conversion - Mark Scheme

		Question	Answer	
		Exam Questions		
1)	(a)	Work out how many minutes there are in 5 hrs.	(a) 60 × 5 300 mins	(1) (1)
	(b)	Work out how many seconds there are in 6 hrs.	(b) $\begin{array}{c} 6 \times 60 \times 60 \\ 21 \ 600 \ \text{secs} \end{array}$	(1) (1)
2)	(a)	Write 4 hrs and 35 mins in <i>mins</i> .	(a) (4 × 60) + 35 275 mins	(1) (1)
	(b)	Write 105 mins in terms of hrs.	(b) 105 ÷ 60 1.75 hrs	(1) (1)
3)	(a)	Write 7.25 hrs in terms of mins.	(a) 7.25 × 60 435 mins	(1) (1)
4)	(a)	How many days is 528 hrs?	(a) 528 ÷ 24 22 days	(1) (1)

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